

Updated Quarantine Guidance



Example for standard quarantine recommendations:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Last Exposure (Day 0)	Quarantine Day 1	Quarantine Day 2
Quarantine Day 3	Quarantine Day 4	Quarantine Day 5	Quarantine Day 6	Quarantine Day 7	Quarantine Day 8	Quarantine Day 9
Quarantine Day 10	Return to school					

Example for early release from quarantine with negative test result:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Last Exposure (Day 0)	Quarantine Day 1	Quarantine Day 2	Quarantine Day 3	Quarantine Day 4
Quarantine Day 5	Quarantine Day 6 Completes COVID-19 PCR or antigen test on/ after 5 full days of quarantine	Quarantine Day 7	Return to school If has received negative test result AND Remains symptom-free since exposure			