






Local Wellness Policies

in Maricopa County School Districts

Top 5 Wellness Policy Implementation Barriers:

-  Inadequate support from teachers and school administration
-  Time constraints
-  Competing priorities
-  Lack of staff
-  Limited support from parents




100% of school districts have a wellness policy

94% of school districts post their local wellness policy on the district website




88% of school districts have a wellness committee

69% of school districts invited parents to participate in the wellness policy process

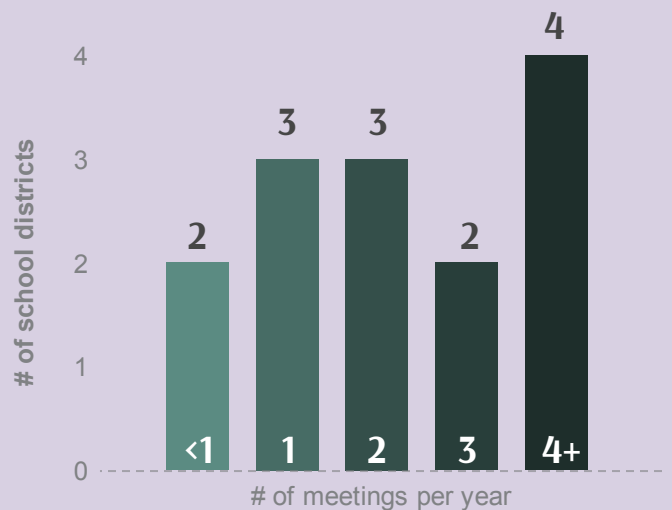
Top strategies for a healthier school:

-  Marketing of food that meets "Smart Snack" standards
-  Competitive foods & beverages sold to students during the school day
-  Physical activity throughout the day

Which strategies to focus on improving:

-  School meal participation
-  Physical education classes and/or breaks
-  Stakeholder input and communications

85.7% of district wellness committees meet at least once per year. n=14 school districts



Preferred assessment tools for your district's Local Wellness Policy:

Evaluation:
Activity Assessment Tool (AAT) - Arizona Department of Education (ADE)

Implementation:
WellSAT - AZ Health Zone

Districts may benefit from using the Arizona Department of Education's (ADE) Model Policy Tools.

Looking for assistance with your own Local Wellness Policy?
Visit: maricopaschoolwellness.org