

AUGUST 2023

K-8 Lunch & Breakfast Menu

Additional Entree Choices

Monthly Entrée
Cheese Pinwheel w/
Marinara Sauce

Grab & Go:

- Elementary:**
BBQ Chicken Bites,
Sunflower Seeds,
Crackers, Veggie
Juice, Raisins
- Middle School:**
Spicy Chicken
Salad w/ Pretzels

CHOW OPTIONS

Grades 7 & 8 only

- 7/31 - Cheeseburger
- 8/7 - Italian Sub
- 8/14 - Pretzel
Wrapped Hot Dog
- 8/21 - Spicy Chicken
Sandwich
- 8/28 - BBQ Rib
Sandwich

Application for Free School Meals




 New  Pork  Vegetarian

Monday


- 31
Chicken Nuggets
Smiley Potatoes
Cherry Applesauce
ABC Grahams

Breakfast for Lunch

- 7
Chocolate Chip
Waffle
Sausage Links 
Hash Brown Rounds
Baked Cinnamon Apples

NEW

- 14
Chicken Tenders
Garlic Knot
Steamed Baby
Carrots
Fresh Orange
Wedges

- 21
Triple Cheese 
Spiral Macaroni
Cheese Crackers
Sunshine Carrots
Fruit Cocktail

- 28
Chicken & Buttery
Maple Waffle
Cheesy Green Beans
Raisins


Tuesday

- 1
Beef Taquito
Bean Dip
Salsa Cup
Applesauce Cup

- 8
Beef & Cheese
Tostada
Apple Churro
Refried Beans
Fresh Nectarine

- 15
Beefy Nachos
Refried Beans
Applesauce Cup

- 22
Beef & Bean Chili
Cornbread
Romaine Salad
Fresh Orange
Wedges

- 29
BBQ Rib Sandwich 
Baked Beans
Diced Mango Cup

Wednesday

- 2
Pizza Wednesday
Personal Pan
Cheese Pizza
Romaine Salad
Fresh Strawberries

- 9
Pizza Wednesday
Personal Pan
Cheese Pizza
Romaine Salad
Assorted Fruit


- 16
Pizza Wednesday
Personal Pan
Cheese Pizza
Romaine Salad
Fresh Cantaloupe

- 23
Pizza Wednesday
Personal Pan
Cheese Pizza
Cucumber Slices
Assorted Fresh Fruit

- 30
Pizza Wednesday
Personal Pan
Cheese Pizza
Romaine Salad
Chilled Peaches

Thursday

- 3
Orange Chicken
Brown Rice
Steamed California
Blend Vegetables
Pineapple Chunks

- 10

Macaroni & Cheese
Chocolate Grahams
Roasted Cauliflower
Fresh Watermelon

- 17
NEW
Turkey Meatballs in
Asian Sauce with
Brown Rice
Green Beans
Chilled Peaches

- 24
National Waffle Day!
Blueberry Waffle 
Sausage Links
Baked Beans
Baked Cinnamon Apples

- 31
NEW
Teriyaki Chicken
w/ Fried Rice
Steamed Baby
Carrots
Assorted Fresh
Fruits

Friday

- 4
Cheeseburger
Carrot & Red Pepper
Sticks in Ranch Dip
Chilled Peaches
**Fresh Baked Chocolate
Chip Cookie**

- 11
Popcorn Chicken
Sweet Potato Fries
Raisins
**Food & Nutrition
Educational Snack**

- 18
All Beef
Hot Dog
Tater Tots
Frozen Fruit Slush

- 25
NEW
BBQ Chicken
Drumstick
Texas Toast
Cheesy Mashed Potatoes
Corn on the Cob
Pineapple Chunks

MEAL PRICES

Breakfast:

\$.00 BIC

Lunch:

\$2.95 paid, \$.00 reduced

Breakfast

in the Classroom



Daily Choices:

M- Oatmeal Choc.
Chip Bar

T- Yogurt w/ Mini
Banana Muffin

W- Bagel & Cream
Cheese

TH- Mini
Chocolate Donuts

F- Pancake &
Sausage Stick

Assorted cold
cereal with string
cheese or grahams
offered daily.
Meals also include
fruit, juice & milk.

FRESH SIDES



Fresh baby carrots
and garden side
salads are offered
daily in addition to
the featured daily
vegetable.

MILK



Local fat-free and
1% white or non-
fat chocolate
milk available
daily