

FEBRUARY 2024

K-8 Lunch & Breakfast Menu



Additional Entree Choices



Grab & Go:

- **Elementary:** Turkey Stick, String Cheese, Pretzels, Grahams, Fresh Apples, Baby Carrots
- **Middle Schools:** Chicken Caesar Salad with Heartzels

CHOW OPTIONS Grades 7 & 8 only

- 2/1: Kielbasa Dog
- 2/5: Spicy Chicken Sandwich
- 2/12: BBQ Rib Sandwich
- 2/19: Meatball Sub
- 2/26: Cheeseburger

Fresh Sides

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

Monday



President Harry S. Truman signed the National School Lunch Act on June 4, 1946. Though school foodservice began long before 1946, the Act authorized the National School Lunch Program (NSLP). The legislation came in response to claims that many American men had been rejected for World War II military service because of diet-related health problems.

Tuesday

Wednesday

Thursday

Friday

5 Breakfast for Lunch
French Toast Sticks
Sausage Links
Cheesy Potato Bake
Warm Cinnamon Apples

6
Beef & Bean Chili
& Cornbread
Tossed Romaine Salad
Fresh Fruit

7
Personal Pan
Cheese Pizza
Two Bean Salad
Peach Applesauce

8 Half Day
Chicken, Turkey Ham
& Cheese Sandwich
Baby Carrots
Veggie Juice
Blue Raspberry
Frozen Fruit Slush

9 Half Day
BBQ Chicken Jerky
Sunflower Seeds
Veggie Juice
Raisins, Cheez Its
Baby Carrots

12
Heart Shaped
Chicken Nuggets
Maple Waffle
Cheesy Green Beans
Mixed Fruit Cocktail

13
BBQ Chicken
Drumstick
Texas Toast
Ranchero Beans
Corn Cob
Fresh Fruit

14 Valentine's Day
Personal Pan
Cheese Pizza
Romaine Salad
Strawberry & Cream Frozen
Fruit Cup, Heart Grahams
Strawberry Milk

15
Teriyaki Chicken
& Fried Rice
Steamed Sunshine
Carrots
Fresh Strawberries

16 try! life
Pulled Pork
Sandwich
Seasoned Fries
Chunked Pineapple

19 No School
HAPPY Presidents Day

20 Breakfast for Lunch
Confetti Pancakes
Sausage Links
Frozen Veggie Slush
Strawberry Cup
President's Day Educational Snack

21
Personal Pan
Cheese Pizza
Fresh Carrot Sticks
Fresh Winter Fruit
Salad

22
Spaghetti in
Meatsauce
Dinner Roll
Romaine Salad
Diced Mangoes

23
Crispy or Spicy
Chicken Sandwich
Cheesy Garlic
Mashed Potatoes
Fresh Strawberries

26
Chicken Nuggets
& Graham Crackers
Potato Smiles
Orange Wedges

27
Taco Stick
Bean Dip
Applesauce

28
Personal Pan
Cheese Pizza
Romaine Salad
Fresh Winter Fruit
Salad

29
Orange Chicken
& Brown Rice
Steamed California
Blend Vegetables
Fresh Strawberries

MEAL PRICES

Breakfast:
\$1.50 paid, \$.00 reduced

Lunch:
\$2.95 paid, \$.00 reduced

Breakfast



An assortment of site-based favorites are offered daily, including cereal, oatmeal, choc. chip bars, bagel w/ cream cheese, plus the monthly feature.

Monthly Feature:

- Ham & Cheese Croissant



Meals also include assorted fruit, juice & milk



Local fat-free and 1% white or non-fat chocolate milk available daily