

November 2020

Arrowhead Elementary School Cafe Lunch

02	03	04	05	06
<p>Entree Macaroni & Cheese <i>With</i> Fresh Dinner Roll Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Green Peas</p> <p>Fruit Sliced Pears</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Entree Beef & Cheese Tostada <i>Curbside:</i> Bean and Cheese Burrito Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Refried Beans</p> <p>Fruit Unsweetened Applesauce Cup</p> <p>Grains Vanilla Grahams</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Entree Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice Crispy Fish Strips <i>With</i> Goldfish, WG</p> <p>Vegetables Carroteenies <i>With</i> Ranch Cup</p> <p>Fruit Frozen Fruit Cup</p> <p>Milk 1% White Milk Fat Free Chocolate Milk Strawberry Milk</p>	<p>Entree Cheese French Bread Pizza Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Local Romaine Salad</p> <p>Fruit Assorted Fresh Fruit</p> <p>Milk Fat Free Chocolate Milk 1% White Milk</p>	<p>Entree Grilled Cheese Sandwich Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Cucumber Slices</p> <p>Fruit Diced Mixed Fruit</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>
09	10	11	12	13
<p>Entree Spaghetti Bolognese <i>And</i> Garlic Knot Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice <i>Curbside:</i> Rotini Pasta with Meat Sauce</p> <p>Vegetables Mixed Vegetables</p> <p>Fruit Diced Peaches</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Entree Beef Taquito Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Refried Beans</p> <p>Fruit Warm Cinnamon Apple Slices</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Veterans Day</p>	<p>Entree Cheese French Bread Pizza Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Local Romaine Salad</p> <p>Fruit Assorted Fresh Fruit</p> <p>Milk Fat Free Chocolate Milk 1% White Milk</p>	<p>Entree Chili Cheese Dog Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Tater Tots</p> <p>Fruit Assorted Fresh Fruit</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>
16	17	18	19	20
<p>Entree Three Cheese Cavatappi Pasta <i>With</i> Fresh Dinner Roll Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Sunshine Carrots</p> <p>Fruit Sliced Pears</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Entree Bean and Cheese Burrito Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Sweet Corn</p> <p>Fruit Diced Mixed Fruit</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Thanksgiving Dinner Roasted Turkey Breast Turkey Gravy Mashed Potatoes Cut Green Beans Fresh Dinner Roll Pumpkin Pie with Whipped Topping</p> <p>Curbside Substitutions: Turkey Shaped Chicken Nuggets Craisins</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>	<p>Entree Wedge Cheese Pizza Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Local Romaine Salad</p> <p>Fruit Assorted Fresh Fruit</p> <p>Milk Fat Free Chocolate Milk 1% White Milk</p>	<p>Entree Mozzarella Pinwheel <i>With</i> Marinara Sauce Cup Grab n Go Box: Turkey Stick, Cheese Stick, Muffin, Fruit and Vegetables Mgr Choice</p> <p>Vegetables Celery Sticks</p> <p>Fruit Apple Slices in a Bag</p> <p>Milk 1% White Milk Fat Free Chocolate Milk</p>
23	24	25	26	27
Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess

30**Entree**

Macaroni & Cheese

With

Corn Muffin

Grab n Go Box: Turkey Stick, Cheese

Stick, Muffin, Fruit and Vegetables

Mgr Choice

Vegetables

Sunshine Carrots

Fruit

Diced Peaches

Milk

1% White Milk

Nonfat White Milk

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