

SEPTEMBER 2021



FREE MEALS

ALL meals are free to every DVUSD student for the 2021-2022 school year!

Daily Choices

- Grab & Go: Turkey, Cheese, & Muffin Snack Box
- Cheese Quesadillas w/ Salsa

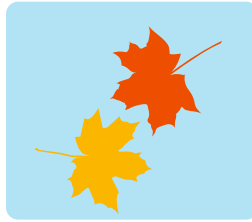
CHOW 7-8

(Choice of the Week will be phased in and subject to change)

- Aug. 30: Crispy Chicken Sandwich
- Sep. 6: BBQ Pork Sandwich
- Sep. 13: Spicy Chicken Sandwich
- Sep. 20: Grilled Kielbasa
- Sep. 27: Cheeseburger

This institution is an equal opportunity provider

Menu subject to change. Due to current supply chain challenges we are experiencing a higher amount of shortages and substitutions.



6
No School!

7
No School!

13
Classic Mac & Cheese
Green Peas
Assorted Fresh Fruit

14
Oven Fresh Pizza
Garden Side Salad
Mixed Fruit Cup

20
Orange Chicken w/ Brown Rice
Mixed Veggies
Assorted Fresh Fruit

21
Oven Fresh Pizza
Fresh Broccoli
Mandarin Oranges

27
Spaghetti & Meat Sauce
Fresh Carrots
Assorted Fresh Fruit

28
Oven Fresh Pizza
Garden Side Salad
Mandarin Oranges

1
Chicken Parmesan
Green Beans
Frozen Fruit
Birthday Cup

8
Baked Chicken Tenders w/ Garlic Knot
Apple Slices
Garden Fresh Broccoli

15
Baked Fish Sticks w/ Goldfish Crackers
Seasoned Fries
Pineapple Tidbits

22
Baked Popcorn Chicken
Sunshine Carrots
Lemon Frozen Fruit Cup

29
Super Star Chicken Nuggets
Sweet Potato Fries
Frozen Strawberries

2
Pup in a Pancake
Sweet Potato Fries
Mixed Fruit Cup

9
Shredded Chicken or Beef Soft Tacos
Zesty Black Beans
Pineapple Tidbits

16
Beefy Nachos
Zesty Black Beans
Diced Pears

23
French Toast Sticks
Cheesy Potato Bake
Fresh Fruit

30
Beef Soft Taco
Zesty Black Beans
Sliced Pears

3
Breaded Pork Chop w/ Mashed Potatoes & Gravy
Assorted Fresh Fruit

10
Cheeseburger
Seasoned Fries
Diced Peaches

17
Crispy Chicken Sandwich
Fresh Cucumber
Assorted Fresh Fruit

24
Mini Corn Dogs
Green Beans
Sliced Pears

For more information please visit www.dvUSD.org/nutrition



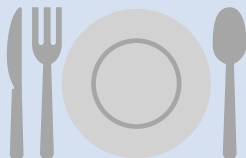
Breakfast

Daily breakfast options include:
Hard-boiled egg, cereal, oatmeal, chocolate chip bar, warm honey bun, donuts, pancake on a stick, bagel & cream cheese*



Milk

Local 1% white or non-fat chocolate milk available daily



Fresh salad and carrots offered as additional vegetables daily
*BIC schools will rotate daily breakfast options
Menu subject to change. Due to current supply chain challenges we are experiencing a higher than normal amount of product shortages and substitutions.