



August 2022

# Legend Springs Counselor Newsletter



A note from Mrs. Wells



## HELLO!

My name is Christy Wells and I am thrilled to be joining the Legend Springs family as your new School Counselor! My goal is to provide support to students, families and staff to ensure student success by promoting positive changes in student behavior, mental health and learning. I believe that relationships are at the heart of an effective school counseling program and I am excited and honored to work with the Legend Springs community in this way! I will be on campus (in the front office) Mondays & Tuesdays and Wednesdays (12-4)

*~Christy Wells*

## "THE MINDFUL MINUTE" THIS MONTH

My goal is to visit every class each month to teach a short lesson on different social-emotional topics. For the month of August it was, "Meet the Counselor". We enjoyed getting to know one another and the many hats a school counselor wears!

## SUPPORT

This is the first time Legend Springs has ever had the opportunity to have a school counselor. Starting up a new program takes time and resources. If you would like to support this new counseling department check out the Donor's Choose Link for more info!

**SUPPORT HERE**



## CONTACT ME

- ✓ Email: [christy.wells@dvusd.org](mailto:christy.wells@dvusd.org)
- ✓ Phone: (602) 376-4500
- ✓ Reach out using my **Parent Link** if you have specific concerns regarding your child and need to talk further.