

Mountain Shadows Elementary is offering

# The 7 Habits of Successful Families

This two-session class will guide parents in transforming into a highly effective family with a vision unique to their own family. The first session will focus on private victories and the second on public victories during which families will learn how to use the 7 Habits in a meaningful way. Participants will:

- **Apply an “Inside-Out Approach” to problem solving and goal creation**
- **Resolve differences in marriage and family relationships by creatively cooperating together**
- **Establish a better work/life balance**
- **Become more effective in raising emotionally healthy and empowered children**
- **Employ the skills of empathic listening and synergy**
- **Learn to discipline and motivate children effectively**

These classes will help you learn strategies that will enable you to apply the 7 Habits and principles to *your* situation. We will cover the basics of life: Values, Views and Habits. The end result is a highly effective family applying the 7 Habits in a way that works for you!

Each session we will meet in the Media Center from 9:00 AM -1:00 PM. Lunch and snacks will be provided each session at no cost. Prizes will be awarded during our concluding session for those with perfect attendance!

## January 21<sup>st</sup> Session 1: Private Victories

Winning the Game of Life and Habit 1: Take Control of You

Habit 1 guest presenter our 1<sup>st</sup> grade teacher Mrs. Dickerson

Habit 2: Know What You Want

Habit 2 guest presenter our 5<sup>th</sup> grade teacher Mrs. Crow

Habit 3: Do What Is Best for You and Your Family

Habit 3 guest presenter our 1<sup>st</sup> grade teacher Mrs. Furtmann

## February 4<sup>th</sup> Session 2: Public Victories

Habit 4: Win With Your Family

Habit 1 guest presenter our 3<sup>rd</sup> grade teacher Mrs. Simpson

Habit 5: Listen First, Talk Second

Habit 5 guest presenter our 4<sup>th</sup> grade teacher Mrs. vonTobel

Habit 6: Creatively Work Together as a Team

Habit 6 guest presenter our Special Education Strategist Ms. McKinley

Habit 7: Sharpen the Saw With Your Family and Awards Ceremony

Habit 7 guest presenter our kindergarten teacher Mrs. Sparks



Participation at both sessions is required. Minimum of 10 participants needed or class will be rescheduled.



The Academy for Leadership at Mountain Shadows Elementary

**Register at:**

**<https://forms.gle/dCeAoRo1Es7chQaB7>**

**or complete this registration form**

and return this form to your child’s homeroom teacher by Wednesday, December 7<sup>th</sup>.

**Yes, I would like to attend the 2-Session  
7 Habits of Successful Families Class!**

**When:** January 21<sup>st</sup> and February 4<sup>th</sup>

**Time:** 9:00AM – 1:00PM

**Where:** Mountain Shadows Elementary Media Center

**Participants are required to attend all 7 session.** Minimum of 10 participants needed or class will be rescheduled.

**Parent(s)/Guardian(s)/Community Member Attending:**

Name \_\_\_\_\_

Name \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

phone \_\_\_\_\_

Will all participants be eating lunch? \_\_\_\_\_

List any dietary concerns:

For further information or question please contact Kimberly Alexander @

[kimberly.alexander@dvusd.org](mailto:kimberly.alexander@dvusd.org) or 623-445-4337.