Deer Valley High School Physical Education

- **Make-up article**

Find a magazine or Internet article on health or fitness. Sports topics can not be used. Read the article and then, in your own words, prepare a hand written summary in pen, or word processed article. You may not turn in work directly printed from the Internet access. The purpose of the summary is to condense an article without losing the basic meaning of the original article.

Therefore:
1. Select the main points.
2. Omit unrelated information.
3. Proof read your summary for errors.
4. Be neat. Check for correct grammar, spelling, and sentence structure.
5. If your work is not appropriate, or unacceptable, you will not receive credit for the make-up.

Name: _____ Teacher:_____
Date: _____ Period:_____
Name of article: _____
Author: _____ Name of magazine: _____
Date of issue: _____ Number of pages in article: _____
Summarize the article (in your own words).

What are the main points you think the author was trying to make?