

2019-2020
Parent Letter
PE 7th and 8th grade

Dear Parents & students,

Welcome back for the 2018-2019 school year. I know we are all excited about getting back into the swing of things, and we have a few items we would like to bring to your attention. We would like to remind you that our 7th and 8th grade PE students will be required to dress out they will have PE every day for one semester.

In order to help you with the start of the year we are providing a modified syllabus to help you understand how class is going to work:

Monday-Friday- Normal participation days in PE that require students to dress out according to the specifics in the PE rubric.

All Half days we will not be dressing out

7th grade schedule (Subject to Change)

August- Create a Dance Unit/Storyboard

September-Health-Fitness, Tobacco, Alcohol and Drugs
Testing schedule will be talked about as we go

October-Ultimate-
Game Play and Testing

November- Soccer-
Game Play and Testing

December-Slap Ball/Capture the Flag/GaGa Ball
Game Play

Over the years Anthem PE has been working to develop a rubric to define how grades are determined. The rubric presented to you is designed to aid in the social and physical development of all of our students.

7th and 8th grade:

- Each week is worth 30 points, 10 for participation, 10 for proficiency, and 10 for team work/cooperation
- Students must dress out each day they have PE.
- Dressing out means you have completely changed the clothes you wore to school into other clothes, preferably our uniform.

- Sneakers must be worn and be tied securely as outlined in the rubric.
- In cold weather, sweats and jackets may be worn; however, the student still needs to change their clothes from what they wore to school.
- Students are required to have a notebook for PE for health and other related assignments
- Random notebooks checks and quizzes may occur at any time.
- Students are encouraged to bring water bottles (**Extra credit is available**).

Notes for being excused

Students will be excused from PE with a parent note for the day they bring the note in, all extended non-participation due to illness or injury needs a doctor's note. Without these notes the student will lose their points.

***7th and 8th grades must take this home and get it signed by your parent. This is your first homework assignment so please do not forget!!!!!!!!!!**

Respectfully,

Coach Kennedy and Coach W

Parent signature

Student signature