

Hotlines/Support

Deer Valley Safe Schools Hotline 623-376-3262

DCS 1-888-767-2445 (SOS-CHILD)

Department of Child Safety

Services for over 18 if they are in the system, must follow rules of housing.

Young Adult Program- helps pay for schooling, housing, life skills mentors

National Suicide Prevention Lifeline 1-800-273-8255(TALK)

<https://www.imalive.org/index.php> - Suicide chat line

National Hopeline Network 1-800-SUICIDE (784-2433) www.hopeline.com

Teen Lifeline 602-248-8336 (3pm – 9pm - Teen Peers) fb.com/teenlifeline

General Information and Referral

[877-211-8661](tel:877-211-8661), 211 602-263-8845 X100 (admin. Office. Contact: Jill) www.cirs.org, www.211.org

24 Hour Help Line. Anywhere in the US

1-877-211-8661. Community Network for Accessing Shelter (CONTACTS)

602-263-8900 & Child Immunization Hotline & HIV Care-Line. Call for more information.

Useful links: www.afsp.org, www.cdc.gov, www.jasonfoundation.com

Alanon/Alateen 602-249-1257 www.al-anon-az.org

Narcotics Anonymous Family Group Arizona 800-477-6291 www.nar-anon.org

CASA (Center for Prevention of Abuse and Violence)

Sexual assault and abuse counseling

Rape, Abuse and Incest National Network 800-656-4673

Works with Sexual Abuse and Domestic Violence. Call phone number and they will assist you to the closest location for trauma therapy.

National Domestic Violence Hotline and Chat Line

1-800-799-7233

www.thehotline.org

24 hours

National Human Trafficking Hotline

SMS: 233733 (Text “Help” or “Info”) to 888-373-7888

Chat when advocates are available 24 Hour

Maricopa County Warm Line

602-347-1100

Confidential location

Phoenix, AZ 85021

<http://www.phxhope.ort>

Provides **non-crisis**, confidential telephone support services to people impacted by overwhelming issues.

Hours: Mon-Fri noon-midnight, Sat-Sun 4pm-midnight

Free, Languages: Spanish and English

Maricopa County - Crisis Response Network

800-631-1314

602-222-9444

Provides mental health crisis intervention for free.

They refer to Empact or Terros and send out a mobile team.

Serving Maricopa County and part of Pinal County

Hours: 24 hours a day/7 days a week

Empact La Frontera Suicide Prevention Center

1232 E. Broadway Rd # 120 Tempe, AZ 85282-1510

24 hour Crisis and Referral Line

480-784-1500, 800-273-8255

Terros

602-685-6000

Mobile crisis, Rapid Response Teams respond to calls from local hospitals to provide behavioral health assessments, referrals, coordination of care and follow up, outpatient substance and mental health services, disease prevention

Grief Counseling

Stepping Stones of Hope

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

www.SteppingStonesofHope.org

Several different camps: REACH camp for teens in Carefree, AZ at the Spirit in the Desert Retreat Center. Scholarships if inability to pay. Family camps.

Support group meetings are typically held the 2nd Monday of every month from 6:30-8:00 p.m. RSVP. Free

-Christian Family Care Counseling

602-234-1935

3603 N. 7th Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

Franciscan Renewal Center (Casa)

480.948.7460 X133

Grief and Loss Support Group, Divorce and Anxiety Support Group
Contact Judith McHale, MA, LPC
Depression and Anxiety Support Group
Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC
Six free counseling sessions with a professional

**Hospice of the Valley
New Song Center**

480-951-8985

1510 E. Flower St.

Phoenix, AZ

85014-5656

Ongoing grief support group programs throughout the valley. Focus on children and families. Every other Monday and Thursday, 6:30-8:30 Parent needs to call for orientation and be on premises during group time. There are also adult groups during teen group times. Free

Billy's Place

623-335-1101

24654 N Lake Pleasant Parkway Suite 103-124

Peoria, Az 85383

info@billysplace.me

Grief support group for ages 3-18 and their immediate family members.

Free

Sexual Assault

BLOOM 365

Advocacy # 602-799-7017 (call or text)

National Sexual Assault Hotline

Call 1-800-656-4673

Arizona Coalition

To End Sexual & Domestic Violence

602-279-2900, 800-782-6400

info@acesdv.org

www.acesdv.org

Mental Health Agencies/Private Practice

Jewish Family and Childrens Services

602-256-0528 (Intake)

623-486-8202 (Glendale Office)

602-279-7655 (Administration)

JFCSAZ.org

Anger Management, Blended families, Counseling Programs, Substance Abuse, Understanding ADHD, and Co-Ed Bereavement Group. Nurse Practitioner prescribes medication Nurse Practitioner can prescribe medication and administer psychiatric evaluations. Locations throughout Valley.

No sliding scale, currently only insurance and AHCCCS

Recommendation: Terri

Comprehensive Health Center (Maricopa Integrative Health System)

2525 E. Roosevelt, Phoenix, AZ

602-344-1015, 602-344-6300 (Sunny Slope), 623-344-6900 Maryvale Health Center (Glendale)

-psychiatric, counseling, medical

Mesa facility has psychiatric for 18 and over

Referral needed

Copa Care (sliding scale)

Touchstone Health Services

15648 N. 35th Avenue, Phoenix, AZ 85053

623-930-8705, 602-953-90701, 866-207-3882

Touchstonehs.org

Teen pregnancy prevention, substance abuse intervention, (FFT – grant for free services for 11-17 year olds- substance abuse, acting out behaviors), in home and in office treatment, IOP (3:30-6:30), individual and family therapy, autism (ASD) groups, psychiatric evaluations, ADHD evaluations, parenting classes, crisis intervention. (Multisystemic Therapy (MST) and Functional Family Therapy (FFT)- no AHCCCS) AHCCCS, Kids Care, private pay with possible insurance reimbursement

Southwest Behavioral Health

Local facility: 10220 N. 31st Ave Suite 101, Phoenix, AZ 85051

602-997-2233

Individual, family and various group (motivation, anger control) counseling, Behavioral Coaching. Private Pay or AHCCCS (if enrolled with Southwest) info@sbhservices.org

Northern Arizona University

15601 N. 28th Ave., Phoenix, AZ 85053

602-776-4636

Free, up to 10 sessions with a graduate supervised student when available

Ask about Spanish speaking counseling, evening hours available

Arizona State University Clinical Psychology Center 480-965-7296

950 S. McAllister, Tempe, AZ

\$20 for first visit. Sliding Scale for counseling as low as \$10/session. Assessments for ADHD - \$350. Call for other assessment prices. Waiting list can be 3-4 months.

Midwestern University Psychology Services

623-537-6250

19389 N. 59th Ave., Glendale, AZ

www.mwuclinics.com

Child, adolescent, adult therapy. Psychological and intellectual assessments. Advanced student practitioners. \$20 for first visit. \$10 other sessions. Wait list can be up to one month.

Phoenix Interfaith Counseling

602-992-7521

18 and under facility

12835 N. 32nd St., Phoenix, AZ 85032

DBT for adolescents, case management, individual and group counseling, psychiatric medication, court ordered parenting classes

Contracts with Southwest Network 602-304-0014. They can request agency. Also contracts through Magellan. Medicaid, AHCCCS

Christian Family Care Counseling

602-234-1935

3603 N. 7th Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

Catholic Charities

602-749-4405

19th Avenue and Northern, Phoenix

Counseling

Sliding scale

Devereaux

602-944-6222

11024 N. 28th Drive Suite 110, Phoenix

Behavioral Health

Counseling, outings, food boxes, med checks

Outpatient 0-17

Respite in Scottsdale (therapeutic residential facility)

AHCCCS

Lisa Donsker

602-828-0742

32nd Street / Shea

Arizonachildpsychology.com

Private Practice. Services children and adolescents (3-18).

Dr. Roya Karbakhsh, MD PLC

602-368-8600, 845-594-7250

4845 East Thunderbird Road, Scottsdale 85254

<http://www.drkarbakhsh.com/>

Psychiatric services for children, adolescents and adults.

Collaborates with schools. Emergency appointments.

Mark Morton

<https://www.azfamilycounseling.com/about-us.html>

Dr. Campbell

Child/Teen Psychiatrist

Psychiatric Evaluations
602-439-2400
4747 W. Country Gables Drive

Larry Waldman, Ph.D., ABPP

Clinical & Forensic Psychologist
Provides legal consultation. Works with children, teens, parents, couples, and adults in a solution-focused manner. Speaker

Family Spot Resource Center

602-501-8840
3030 E. Thunderbird Rd., Phoenix
Parenting classes

A New Leaf Behavioral Health

623-934-1991
8802 N. 61st Ave., Glendale
Parenting classes only available if child is in therapy with them.
AHCCCS only

Youth Evaluation and Treatment (part of SW Network)

602-285-5550
4414 N. 19th Ave., Phoenix, AZ 85015
ADHD evaluations, Individual & Family Centered Therapy, Substance Abuse Treatment (IOPSA), Autism Spectrum Services, Eating Disorder Treatment
Sliding scale with nurse practitioner

Bayless Health Care

Light House Project
602-230-7373
3620 N. 3rd St., Phoenix, AZ 85012
Psychiatric Nurse Practitioners, Evaluations, Counseling
Sliding scale, AHCCCS, Insurance

Valle del Sol

602-258-6797
3807 N. 7th Street, Phoenix, AZ 85014
Referrals to their Primary Care Physicians for medication
Behavioral Health Clinic

Chicanos por la Causa, Inc.

623-247-0464
1402 S. Central Avenue
Behavioral Health
-Program with DCS aftercare. Support services for low income, helps with budgeting, jobs, free parenting class, referrals to places such as Singleton Moms for moms or with cancer (Diana Cardoza 623-565-3810)
Sliding Scale

Melmed Center

480-443-0050

4848 E. Cactus Rd. Suite #940

Services: Medical, psychological, Occupational Therapy, Educational Advocacy, Coaching, Group Therapy, Pet Therapy

M-Th – 7:30am to 6:00pm, Fri – 7:30am to 3:00pm

Insurance or private fee scale

Native American Connections

602-424-2060

4520 North Central, Suite 100, Phoenix, AZ 85012

Behavioral Health Services, Counseling, substance abuse (group therapy)

AHCCCS only for general mental health issues

PSA Behavioral Health Agency

602-242-1238

8152 N. 23rd Avenue, Suite B, Phoenix, AZ 85021

Behavioral Health Counseling, Art Therapy, Family Support, Psychiatric Services

Services birth to 17

AHCCCS

Living Hope Counseling

602-448-7912

16421 N. Tatum Blvd., Suite 124, Phoenix, AZ 85032

Individual, Trauma and Abuse and Addictions counseling

\$125-\$135/50 minute session, sliding scale, no insurance

Franciscan Renewal Center (Casa)

Grief and Loss Support Group, Divorce and Anxiety Support Group

Contact Judith McHale, MA, LPC

Depression and Anxiety Support Group

Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC

Six free counseling sessions with a professional

Child Advocacy Centers**Mesa Center Against Family Violence**

480-644-4075

Childhelp Children's Center

602-271-4500

2346 North Central Avenue

Phoenix, AZ 85004

Abuse counseling and services

Free

www.childhelp.org/programs/entry/children-center-of-arizona

Provides medical treatment, mental health therapy, efficient investigational resources, and victim support services to address the immediate safety and complete well-being of children who are referred to the center.

Scottsdale Family Advocacy Center

480-312-6300

Provides Forensic Nurse Examiners, DCS, Probation Officers, Prosecutors, Police Crisis Intervention Service, investigative units from the Crimes Against Persons Section

Phoenix Family Advocacy Center

602-534-2120

Comprehensive Services

Maricopa County Attorney's Victim Services Division or the Victim Compensation Bureau

602-506-3411

301 West Jefferson Street, Suite 800

Phoenix, AZ 85003

Hours: 8am - 5pm Mon-Fri

Referrals to mental health professionals specializing in working with child abuse victims

Maricopa County

602-263-8856

Call for array of services

Mercy Maricopa Integrated Care

1-800-564-5465

managed care, insurance company who oversees 120 providers

Fees: AHCCCS (state insurance for anyone, Kids Care- based on income if family makes too much for only AHCCCS. To apply for AHCCCS: Google - AHCCCSonline – fill out application on line or at DES, Medicaid, court order, private insurances –contact personal medical benefits to see if Magellan is provided. Apply for SMI (severe mental illness) for services. Referrals for families with no insurance with sliding scale.

Arizona Department of Health Services

150 North 18th Avenue, Phoenix, Arizona 85007

Ph (602) 542-1025

Fax: (602) 542-0883

Behavioral Health Services

Call or go on line for an array of services.

***Family Involvement Center** 602-412-4095, 602-288-0155

5333 N. 7th St. Building A Suite 100

Youth group, parenting classes, self-help skills, various topic groups

Spanish speaking support group

Advocacy for student in IEP meetings

Contact: Zira Franks 602-412-4091

www.familyinvolvementcenter.org

PAC (Parent Assistance Center): 602-288-0155

Free services

Florence Crittenton

602- 274-7318

715 W Mariposa St., Phoenix, AZ 85013

Independent living skills. Resume writing (boys and girls)

Helps at-risk girls from 10 to 21 overcome issues of abuse, neglect, teen pregnancy, teen parenting, and behavioral and/or mental health problems.

Magellan referrals, AHCCCS, private pay (no sliding scale)

LGBTQ

LGBTQ Suicide Hotline

888-488-7386