



## IMPORTANT SCHOOL BREAKFAST AND LUNCH PROGRAM INFORMATION

### GENERAL PROGRAM DESCRIPTION

DVUSD Food & Nutrition participates in the School Breakfast Program and the National School Lunch Program. We are committed to offering nutritious meals at affordable prices. Our cafeterias serving pre-K-8 offer four to five different entrée options daily, one of which is always vegetarian. School lunches offer five meal components daily (fruit, vegetable, grain, protein, and milk). To build a meal, students need to choose at least three of the five components, one of which needs to be a fruit or vegetable. Students are encouraged to take all five.

In addition to the five components, students may supplement their meal with fresh fruits and vegetables from our daily produce bar.

Federal nutrition standards require that school meals meet specific standards including:

- A wide variety of fruits and vegetables
- Whole grain rich foods (majority of grains are 50% or more whole grain)
- Fat-free or 1% milk
- Foods low in sodium, fat, and saturated fat

### PAYMENT OPTIONS

When a student is enrolled in school, they are given an ID number from the school's front office that they will keep throughout their time at DVUSD. If you do not know your students ID number, please contact your school's cafeteria. All students will key in their ID number on a pin pad when they go through the breakfast and/or lunch line.

Parents can add money to a student's account in three different ways:

1. **Cash:** Students may buy meals with cash or credit their account with cash in the cafeteria.
2. **Check:** Students may bring a check with their student ID number and current phone number on it to the cafeteria to be added to their account.
3. **Online:** Payments can be made at [www.EZSchoolPay.com](http://www.EZSchoolPay.com) using Visa, MasterCard, or Discover card for a small transaction fee. Parents can also use EZSchoolPay to view student spending and set up low balance reminders **at no cost.**

### FREE AND REDUCED PRICE MEAL HOUSEHOLD APPLICATIONS

Free and reduced price meal household applications are distributed to students in the first week of school and can be found online at [www.EZMealApp.com](http://www.EZMealApp.com) or [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance).

Students who participated in the meal assistance program last year are eligible for the same benefits the **first 30 days** of the new school year only. All students must submit a new application by **September 18, 2019** to continue receiving benefits, if eligible. If a new and complete application is not received by September 18, 2019, students will pay the **full meal price starting September 19, 2019.**

Find more information at [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance), on your August school lunch menu, or by contacting our office at 623.445.5166.

### BUYING SNACKS IN THE CAFETERIA

In addition to daily meal options, school cafeterias also have a variety of snacks and beverages available for purchase. All snack items sold in the cafeteria meet national nutrition guidelines, called Smart Snack Standards, similar to those for



the school lunch program. You can learn more about those standards on the Food & Nutrition website by going to [www.dvUSD.org](http://www.dvUSD.org) and clicking the white chef hat in the upper right hand corner.

**Note:** Parents can contact their student's cafeteria manager any time to place restrictions on a student's ability to purchase snacks. Restrictions can be made in several different ways including setting daily spending limits, allowing snacks on certain days only, or totally blocking all snack sales. Parents can find a list of available snack items and their cost on the Food & Nutrition website.

### **POLICY ON UNPAID MEAL CHARGES**

The Food & Nutrition Department understands that sometimes a student's lunch account will run low or even go into the negative. To ensure that all students are being treated equally as well as to ensure that we are being fiscally responsible with our limited resources, we want to make our meal charge policy known to all parents.

#### **Grades Pre-K Thru 8**

It is the policy of the Deer Valley Unified School District to provide a complete meal to all students. In the event a student's account has insufficient funds to pay for the meal, the account is charged. Parents/guardians shall be contacted for payment through phone calls, email and written notification.

À la carte purchases are not permitted when the account is in a negative balance.

#### **Grades 9 - 12**

Should a student in grades 9 – 12 have insufficient funds to pay for a meal, up to one negative meal charge is allowed. Once a student has reached the limit of one meal charge, they will be provided with an alternative meal, for which the student's account will be charged.

- À la carte purchases are not permitted when the account is in a negative balance.
- Negative meal charges will not be allowed during the last ten days of the school year.

#### **All Grade Levels**

When a negative account balance exceeds the dollar amount equivalent to ten lunches:

- The Principal, Counselor and/or designated staff member of the Food & Nutrition Department will contact the student's parent(s)/guardian(s) to determine an appropriate resolution of the circumstance.
- The student's parent(s)/guardian(s) will be provided application materials for the free and reduced-price meal programs.

It is the parent's responsibility to monitor the students account balance. At any time, parents can set up low balances reminders and view spending at no cost using EZSchoolPay.com. EZSchool Pay is the secure, convenient and friendly way to manage and pay for your child's school meals via the Internet.

For more information on the school lunch program, please refer to the Food & Nutrition website by going to [www.dvUSD.org/nutrition](http://www.dvUSD.org/nutrition). You can also contact your school cafeteria manager directly at:

#### **CONTACT INFORMATION**

Cafeteria Manager: Michelle Wilhoit

[Michelle.wilhoit@dvUSD.org](mailto:Michelle.wilhoit@dvUSD.org) or 623-445-7614

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