

## WPC Meeting Minutes April 3, 2018 4:00pm-5:00pm

1. Introductions/Attendance
  - a. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Coordinator
  - b. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
  - c. Tracey Murray- DVUSD Sierra Verde Nurse
  - d. Ann Pham-DVUSD Park Meadows Nurse
  - e. Julie Pruitt-DVUSD Kitchen Manager
  - f. Kristi Mollner-MCDPH
2. Update ADE Wellness and Assessment Tool-Nona
  - a. ADE Assessment Tool being collected
    - i. 14 of assessments have been returned
    - ii. Nona will send out reminder to managers to bring with them on Friday to Manager's Meeting
  - b. Discuss on compiling results
    - i. Discussed how to compile results of assessment.
      1. Kristi will ask an individual in her office for suggestions
      2. Look for trends both positive and negative
  - c. Smart Snack and fundraising info to PTO/PTA presidents.
    - i. Nona will locate contact at DO that coordinates trainings with PTO/PTA at beginning of school year.
      1. Packet will be issued to presidents at begging of year training.
      2. Possibly Nona to speak at meeting.
    - ii. Ask kitchen managers for PTO/PTA contact at their school to send out info now for over the summer planning.
3. Leaders in School Wellness Grant-Nona
  - a. We received Leaders in School Wellness Grant
    - i. Discussed components of Grant and benefits to schools participating in Grant as well as District
    - ii. Possibility of District-wide (maybe two versions, North and South) health and wellness fair in the future.
  - b. Job Description-Hiring Process
    - i. Discussed qualifications and possible candidate pools.
    - ii. Kristi asked for opening to be forwarded to MCDPH when it is approved to get word out to interns
4. Plate Waste
  - a. Results
    - i. Discussed quantitative results vs visual differences in photos.
    - ii. Discussed research articles with results showing improved nutrition with recess before lunch
    - iii. Discussed benefits of recess before lunch and how to promote change to principals.
    - iv. Results along with research and anecdotal info into report and sent to nurses to promote recess before lunch to their principal.
  - b. Smarter Lunchroom assessments

- i. MCDPH has offered to complete a third-party assessment of all DVUSD cafeterias.
- 5. FUTP 60 Presentation to Kitchen managers
  - a. Promote grants to schools
  - b. Discuss how to promote simplicity of applying for “mini-grants”
- 6. Next WPC meeting 2018-2019 school year
  - a. Discussed meeting times. Seems same individuals participated at 4:00pm and 6am.
    - i. Agreed 4pm is a better time for attendance.
  - b. Thank you to all for their participation in the year