

WPC Meeting Minutes December 5, 2017 4:00-5:00 a.m.

1. Introductions/Attendance
 - a. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
 - b. Lori Schnelker- Dietetic Intern Northern Colorado University
 - c. Carrie Lasharr-DVUSD District Office Employee
 - d. Jamie Miller-Legend Springs Nurse
 - e. Tracey Murray-Sierra Verde Nurse
 - f. Kristi Mollner-Maricopa County Department of Public Health
 - g. Jen Guerrette-SDOHS Teacher
2. Update on Policy and AMGs –Nona
 - a. Leaders for School Wellness Subgrant-Nona
 - i. Discussed Wellness Coordinator grant would fund.
 1. Duties of Wellness Coordinator
 2. Benefits to District of having Wellness Coordinator
3. Assessment Tool-Nona
 - a. Other Activities that Promote Student Wellness
 - i. Relationships with community partners
 1. Children’s Theater-Dental program
 2. Midwestern-Medication Awareness & Dental
 3. Glendale Fire Department
 4. Phoenix PD
 5. Kinsa
 6. ASU Nutrition
 7. City of Phoenix
 8. Apix
 - ii. Community Health promotion and Family Engagement
 1. Information-Electronic and non-electronic
 - a. Newsletters to families via email and paper
 - b. Websites
 - c. Text alerts
 - d. FB pages
 - iii. Staff Wellness and Health promotion
 1. Apps available
 2. Contests to promote behavior change
 3. Adult Salad Bars
 4. HOP
 - iv. Other Activities to promote Wellness
 - v. Fun Runs
 - vi. STEM & STEAM
 - b. District Policy: School Meal Standards
 - i. NSLP
 1. Lunch timing-check policy
 2. Recess before lunch
 - a. Possible plate waste study to get data-SNAP-Ed

- b. Compile stats to present to principals
 - ii. SBP
 - 1. Difficulty of alternative breakfast programs
 - iii. School Meal Standards
 - 1. Apples/oranges available in addition to fruit on line. Also have produce bar
 - 2. SNAP-Ed will assist with Smarter Lunchroom Strategies surveys
 - iv. Water
 - 1. SNAP-Ed will provide water bottles to qualifying schools.
 - 4. Additional Discussions
 - a. No additional discussions
 - 5. Next WPC meeting February 8, 2017 at 6:00a.m.