

WPC Meeting Agenda February 12, 2019 4:00 p.m.

1. Introductions/Attendance
 - a. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
 - b. Danielle Anderson, M.ed, DTR-DVUSD Wellness Specialist
 - c. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
 - d. Chris Hick, RD-Parents & Maricopa County Public health
 - e. Jamie Miller-DVUSD-Legend Springs-Nurse
 - f. Ann Pham- DVUSD-Park Meadows-Nurse
 - g. Baylee Evans, MS, DTR-ASU Dietetic Intern
2. Update on Policy
 - a. Recess Revision-Joan
 - i. Current revision including the inclusion of new Recess Guidelines is having second reading and hopefully adoption at the Board meeting tonight.
3. Leaders in School Wellness Subgrant-Danielle
 - a. Update-
 - i. Nutrition Education in 1st Grade with Chris Hicks completed at Mirage
 - ii. Discussed on going nutrition education at grant sites
 - iii. AAT out to all schools
 - b. In the plans
 - i. Nutrition Education in 1st Grade with Chris Hicks begins 2/15 at VM
 - ii. Chef Cory Food Demo at Desert Sage continues
 - iii. Plan underway for Wellness Booth at PM Field Days.
 - iv. Danielle will reach out to ME and VM again about Booths at Field Days, wellness fair or Science Fairs.
 - v. Cooking Demo for Kitchen Managers scheduled for May 3
4. ADE Activity and Assessment Tool-Nona
 - a. Out to Schools
 - i. School AAT has been revised and sent out to all schools with cover sheet and detailed instructions
 - ii. Due back March 5
 - b. Resources on web
 - i. AAT Resource link for all resources mentioned in the AAT
 - ii. Resource links for schools to assess school wellness culture, CDC, Maricopa County, ADE, USDA, etc.
 - iii. Categories of resources include:
 1. Classroom, Campus, Recess, School Meal Programs, Healthy Meeting Resources, Staff Wellness Resources.
5. Additional wellness resources on web
 - a. Additional tabs on website have been added to promote Nutrition and School Meals
 - i. School Meal Program info
 1. Shows how school meals fit into MyPlate
 2. Categories include: Why School Meal Rock, Why School Meal Matter and info on meal pattern

3. Resources include Infographs on benefits, sodium, hunger, academic success and packaged vs school lunch.
 - ii. Nutrition for Families
 1. Contains links to sites that offer resources for healthy families such as 2015 Dietary Guidelines for American's, Eat Right, MyPlate, etc
 2. Links contain articles on weight control, physical activity, portion distortion, mood & food and more
 - iii. Nutrition for Classrooms
 1. Resource links for teachers to assist in planning curriculum
 - a.
 2. Downloadable resources on MyPlate and California's curriculum linking nutrition with science, math and language arts
 - iv. School Gardens
 1. Toolkit designed specifically for DVUSD by ASU intern
 2. School Garden resources for schools and teachers
 - b. What do you need at your school?
 - i. Need to market resources available to schools
 1. Suggested articles in school newsletters and peachjar.
 2. Get CTE programs (Journalism, media, film making) to make videos for other campus announcements
 3. Chris Hicks would come out and discuss specific area of nutrition with journalism class for them to report on –(Ypar)
6. AMG's
 - a. Revisions-in process
 - i. Joan will complete reviewing and submit to cabinet
7. Next WPC meeting Wednesday, April 10, 2019 at 4:00 p.m.