

WPC Meeting Minutes January 26, 2017 5:00p.m.-6:10p.m.

1. Introductions/Attendance
 - a. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
 - b. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
 - c. Elisabeth Martin, RN-DVUSD Health Center Desert Mountain
 - d. Marie Durbin-DVUSD Food Service Manager Paseo Hills
 - e. Jamie Miller, RN-DVUSD Health Center Legend Springs
 - f. Kenneth Bloomfield-DVUSD Teacher (PE) Legend Springs
 - g. Jen Guerrette, DVUSD Teacher SDOHS (Sports Medicine)
 - h. Carrie LaSharr-DVUSD Classified Mountain Shadows
 - i. Julie Pruitt-DVUSD Park Meadows Food Service Manager
 - j. Jackie Mangrum, LPN- DVUSD Health Center New River
 - k. Pam Peters-DVUSD Food Service Manager Mirage
 - l. Ann Pham , RN- DVUSD Health Center Park Meadows
2. Introduction to Policy –Joan
 - a. Update on submission of new Wellness Policy
 - i. Policy updated with minor changes and sent to Jim Migliorino to be approved by board.
 - ii. AMGs drafts for 5 nutrition related topics. These will address wellness topics in more depth and give guidelines, standards and recommendations.
3. Introduction to AMGs-Nona
 - a. Presentation of AMGs in draft form.
 - i. Food and Beverage Marketing in Schools
 - ii. Hydration
 - iii. Nutrition Education
 - iv. School Meals
 - v. Food and Nutrition Guidelines-Revision of current AMG
 - b. Break into small groups to review and discuss drafts
 - i. Food and Beverage Marketing in Schools
 1. Discuss sports equipment and lunch coolers with logos
 - a. Gatorade brand coolers and bottles are Smart Snack compliant (G2).
 - b. Kellogg cool bags are Smart Snack compliant
 2. Banners on fields
 - a. How is this addressed? Brands are Smart Snack compliant or promote healthy lifestyle, or are locally owned and operated businesses.
 - ii. Hydration- Draft agreed upon as written
 1. Discuss availability of water bottles in lower income schools
 - a. Possibility of finding large donation or bottles to provide to students-either through School Nurse or at back to School
 - iii. Nutrition Education
 1. Reword intro
 2. Replace “will” and “aim” with “strive” or “endeavor”

- iv. School Meals
 - 1. Include “fruit” in prompting students to take verbiage
 - 2. Add need for medical documentation to special diets
 - 3. Add additional examples of alternative meals
- v. Food and Nutrition Guidelines-Revision of current AMG
 - 1. Use examples of foods allowed vs foods not allowed
 - 2. Clarify “served” and rewards in the Competitive Foods and beverages guidelines
 - 3. Include “via Food & Nutrition Website” for location of ideas and Smart Snacks list available.
- c. Additional Discussions
 - i. Banning energy drinks at high schools-caffeine maximum on products sold
 - ii. Can there be a limit on those consumed but not purchased on campus
 - iii. AMG needed for school gardens
 - iv. Possibility of mandatory nutrition presentation/test for athletes similar to mandatory concussion module.
- d. Next WPC meeting March 28, 2017 at 5:00p.m.
 - i. AMGs drafts for PA/PE will be presented and reviewed at this time.