

WPC Meeting Minutes March 28, 2017 5:00-6:15 p.m.

1. Introductions/Attendance
 - a. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
 - b. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
 - c. Jen Guerrette, DVUSD Teacher SDOHS (Sports Medicine)
 - d. Carrie LaSharr-DVUSD Classified Mountain Shadows
 - e. Julie Pruitt-DVUSD Park Meadows Food Service Manager
 - f. Christine Hicks, RD- Parent Sierra Verde, County Health Department
 - g. Aimee Wojciechowski-DVUSD Teacher (4th) Village Meadows
 - h. Dana Russell-DVUSD Teacher (6th) Stetson Hills/SDOHS Parent
 - i. Amanda Chase-DVUSD Teacher (special Ed) Stetson Hills/SDOHS Parent
 - j. Cara Peczkowski-Parent
2. Update on Policy and AMGs –Joan
 - a. Update on submission of new Wellness Policy
 - b. Update on submission of AMGs reviewed at January WPC Meeting
 - i. Food and Beverage Marketing in Schools
 - ii. Hydration
 - iii. Nutrition Education
 - iv. School Meals
 - v. Food and Nutrition Guidelines-Revision of current
3. Update on Wellness website and Success Stories-Nona
 - a. New Wellness webpage under “Parents & Students” on the main district landing page
 - i. Viewed Wellness Newsletter
 - ii. Viewed Wellness Success Stories
 - iii. Viewed location of proposed AMGs and Wellness Policy
4. Introduction to new AMGs-Nona
 - a. Presentation of AMGs in draft form.
 - i. Beverages
 - ii. Physical Activity
 - iii. Physical Education.
 - iv. Wellness Policy Evaluation and Implantation
 - b. Broke into small groups to review and discuss drafts
 - i. Beverages
 1. Inclusion of caffeine limit on beverages was agreed upon a beneficial
 2. Inclusion of disallowing diet soda during school day was agreed upon as beneficial.
 - ii. Physical Activity
 1. Recommended classroom PA breaks every 30-45 minutes for elementary and 45-60 minutes for secondary rather than previously written 40-60 minutes.
 - iii. Physical Education.
 1. Suggested to check District standards for HS PE requirements.
 - iv. Wellness Policy Evaluation and Implantation
 1. Change in time of annual Wellness progress report to fall timeframe.

2. Not all schools are able to keep campus open to public for a variety of reasons including safety, liability, and vandalism.
 3. Offer several Wellness Policy Assessment Tools to schools.
- c. Additional Discussions
 - i. Jen Guerrette informed attendees about apps that may be used to track health goals throughout year that result in monetary benefits from Health Insurance for employees with district benefits.
- d. Next WPC meeting May 10, 2017 at 5:00p.m.