

## WPC Meeting Agenda September 10, 2019 4:00 p.m.

1. Introductions/Attendance
  - a. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
  - b. Danielle Anderson, M.ed, DTR-DVUSD Wellness Specialist
  - c. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
  - d. Chris Hicks, RD-Parents & Maricopa County Public health
  - e. Jamie Miller-DVUSD-Legend Springs-Nurse
  - f. Taylor Brogan, MCDPH Dietetic Intern
2. Update on Policy
  - a. AMG Revisions-Joan
    - i. All Food & Nutrition AMGs have been revised and are in the approval process from cabinet.
    - ii. The Smart Snack AMG revision includes a revised process for allowing 1 non Smart Snack compliant fundraiser per year, per site with approval from ADE and approval from F&N DO. Limitations do apply and ALL fundraisers asking for exemption must be approved BEFORE they begin.
  - b. Proposed AMGs will be submitted for approval after the current updated AMGs are approved
3. Leaders in School Wellness Subgrant-Danielle
  - a. Update
    - i. DV Voice wellness themed newsletter recently ran and featured the AAT results for the district and links of how to view individual school's survey.
    - ii. All education has been scheduled in the grant classrooms.
      1. Students are receptive with only behavior issues in one class.
    - iii. Food demos are expected to be planned for Sept and May with limited availability in Oct and April due to Chef Cory's schedule
    - iv. Snap-Ed will commit to 1<sup>st</sup> grade education again. Danielle will send email to all Snap-Ed schools to let them know of the option to participate.
    - v. Possible 3<sup>rd</sup> grade education with Snap-Ed at PM will be added.
    - vi. Active recess is in motion at the three grant schools. CATCH equipment has been provided by MCDPH. Program is being well received.
    - vii. Danielle made graphic to show the amount and dollar value of equipment schools have received through the grant to date.
    - viii. Danielle completed a summer nutrient series for teachers to use in the classroom and for social media
  - b. In the plans
    - i. Nourish training for kitchen managers is scheduled for October 17.
    - ii. Danielle will communicate with PE teachers from grant schools regarding being members of WPC.
    - iii. Recipe taste challenge is underway for October. All grant schools must participate and it is optional for other schools. Prizes will be awarded.
4. ADE Activity and Assessment Tool-Nona
  - a. Survey has been edited for the 2019-202 school year.
  - b. Danielle and Nona will look at it closer to winter break to determine if additional questions need to be added.
    - i. Additional questions may address school gardens, wellness leads and smart snacks
5. Wellness Leads at Schools

- a. It is crucial to have Wellness Leads at each school to promote wellness on the campus as well as disseminate wellness information.
  - b. Jamie discussed nurses' role in wellness and suggested a small spiff such as a drawing every month for a \$10 gift card would help encourage the additional responsibility and interaction.
    - i. Funds for drawing is the roadblock
    - ii. Possibly a local business sponsor
  - c. Danielle offered to send letter to all nurses asking for campus wellness leads
  - d. Another option was engaging wellness champions on each campus with drawing for wellness submissions.
  - e. Kristi Mollner at MCDPH is a master gardener and is available as a resource to all schools wanting to start/ expand gardens
    - i. Chef Cory would also like to be involved in a garden.
  - f. MCDPH is in their grant writing period to begin 2020-2021SY.
    - i. They are hoping to be able to award \$250-\$500/year stipends to school based wellness leads.
    - ii. Individuals would be tasked with completion of a variety of different projects on campus that promote wellness. List includes Smarter lunch room, active recess, safe routes to school, wellness fairs, school gardens, etc.
6. High Schools
- a. Student Liaison
    - i. Student would be interviewed and position would be promoted with guidance counselor
    - ii. Joan will request approval for position
    - iii. Duties of Liason
      - 1. Student would promote meals in the cafeteria in coordination with the cafeteria manager
      - 2. The individual would post on their own account to have the most views due to their current followers.
        - a. It was suggested the principal approve posts, but that makes the position pointless.
  - b. Promote Vegan & Vegetarian Menu Options
    - i. New vegan menu at MRHS with Earth Club to promote.
    - ii. Vegan menu will expand to all HS and we will add a vegetarian menu as well.
7. Additional Discussions
- a. Chris brought to our attention: two parents concerned over K being told to bring lunch for first two weeks of school and not going to cafeteria for meals.
  - b. District has had same issue during testing in the past
  - c. This is in violation of the USDA policy
  - d. Joan had been advised of this from kitchen managers.
    - i. Joan will discuss with Jim Migliorino regarding the violation of the USDA policy.
8. Next WPC meeting: December 4, 2019 at 4:00pm