



# All Things E.Q.

## The Discovery of You

Hello Parents and Guardians,

We are excited to share All Things E.Q. with you this year! All Things E.Q. helps our entire school community, teachers, students, parents, and staff work together to raise our E.Q. (Emotional Quotient) or often referred to as our social, emotional intelligence.

As you know, our school works hard to develop your child's I.Q. (Intellectual Quotient) by providing a strong academic curriculum. We are excited about All Things E.Q. because it doesn't take our teacher's time away from this mission. Instead, All Things E.Q. includes our entire community in positive weekly messages because while I.Q. skills are important, they are not enough. A student's success is also dependent on their emotional intelligence such as optimism, resiliency, and perseverance.

Which is why All Things E.Q. provides weekly parent updates. The updates will inform you of the motto of the week and ensure you get the same information, at the same time, as your child.

We began the year with the motto:

***My day depends on me.***

Knowing the motto each week creates a shared vocabulary between home and school. When we all work together, we bring the best of all of us to our students, and we create a supportive, safe environment for everyone. To receive the brief parent updates each Wednesday, simply click here:

[Parent Updates for E.Q. Insights](#)

For more information visit this link [www.allthingseq.com](http://www.allthingseq.com) and scroll down to watch the video message to parents from the founder.

Warmly,

*Danna Evans*

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