

PERSONAL/SOCIAL RESOURCES

*****This information is provided as a courtesy, please confirm contact information as websites and phone numbers change*****

Community Information & Referral	Human services, health needs, emergency food, crisis counseling, emergency housing, mental health, support groups, etc.	602-263-8856
Deer Valley Safe Schools Hotline		623-376-3262
Parenting/Family		
Teen LifeLine	Information, resources and options for family issues.	602-248-TEEN
Teen Life Parent Line		800-732-8193
Teen Link	Life choices, emotional, family or school concerns.	602-235-3792
Parenting Today Teens	www.parentingteens.com	
Covenant House Ninline	Resources for troubled youth and their families	800-999-9999
Divorce Support Page	www.divorcesupport.com	
Divorce Care Support Groups	www.divorcecare.org	
Facts for Families	www.parentshandbooks.org	
Parents Anonymous		800-352-0528
Parenting Arizona	(citywide support groups)	602-248-0428
Single Parents Assoc	(weekly support groups)	623-581-7445
Foundation for Teens & Families		480-945-3302
AZ Center for Responsible Fatherhood	700 W. Campbell, Suite 3, Phx, 85013	602-234-3941
Grandparents	Raising grandchildren support	602-274-5022
ToughLove		623-846-5464
AZ Parent Assistance Hotline	Explains process of child removal from home www.azcourts.org/improve/ParentAssistanceHotline.aspx	
Grief		
Grief & Loss	www.griefandloss.com	
Grief – Hansen Mortuary	(support groups & counseling)	602-944-1561
Center for Death Education & Grief Crisis Intervention		602-249-3800
The Compassionate Friends	Parents who have lost a child	630-990-0010
Compassionate Friends – local	(support groups)	480-752-1832
New Song grief support		480-951-8985
Stepping Stones of Hope	Grief support group	602-264-7520
Depression/grief support group		480-948-7460
Mental Health		
American Psychiatric Assoc	www.psych.org	202-682-6000
Mental Health Infosource	www.cmellc.com	
National Mental Health Assoc.	www.nmha.org	
NIMH Anxiety Disorders		888-ANXIETY
Banner Behavioral Health	24 hour helpline	602-254-4357
Bipolar Depressive Support Alliance		800-826-3632
National Foundation for Depressive Illness		800-248-4344
National Crime Prevention Council	www.ncpc.org	
St. Luke Behavioral Center	24 hour helpline	602-251-8535
Maricopa County, Psychiatric Annex		602-344-5747
Southwest Behavioral Health		602-257-9339
Value Options Crisis Line		602-222-9444
Thunderbird Teen Center		602-495-7321
National Institute of Mental Health	www.nimh.nih.gov	301-443-4513
American Academy of Child & Adolescent Psychiatry	www.aacap.org	202-966-7300

American Psychological Assoc	www.apa.org	202-336-5500
Child & Adolescent Bipolar Foundation	www.nami.org	800-950-6264
The Mayo Clinic	www.mayoclinic.org	
National Depressive & Manic Depressive Association	www.ndmda.org	800-826-3635
National Mental Health Assoc	www.nmha.org	800-969-6642
Disaster Distress Hotline		800-985-5990
Suicide		
Suicide Prevention	www.psycom.net	
Empact Suicide Crisis Line		480-784-1500
Suicide Prevention Lifeline	www.suicidepreventionlifeline.org	800-273-TALK
American Assoc of Suicidology	www.suicidology.org	
Stress/Anxiety		
Stree Free Net	www.stressfree.com	
Stress Management	www.futurehealth.org	
Full-time Programs		
Spring Ridge Academy	www.springridgeacademy.com	
Touchstone	www.touchstonebh.org	
Teen Challenge	www.azteenchallenge.org	
AZ Project Challenge	www.ngycp.org/site/state/az (at risk kids)	480-988-4100 x.228
Sunshine Acres (Mesa)	www.sunshineacres.org	480-832-2540
Service Organizations		
Catholic Family & Community Services		602-997-6105
Family Service Agency		602-264-9891
Presbyterian Service Agency		602-995-1767
Jewish Family & Children's Services		480-994-8477
Indian Rehabilitation		602-254-3247
Phoenix Interfaith Counseling		602-992-7521
Terros		602-685-6000
The Michael House	www.maggiesplace.org	623-842-1000
Teen Pregnancy		
Christian Family Care Agency	Pregnancy, adoption, foster care www.cfcare.org	602-234-1935
Planned Parenthood		602-953-9000
Crisis Pregnancy Center	www.cpcphoenix.org	602-393-7501
County Pregnancy Support Center		602-506-6339
Teen Outreach Pregnancy Services	www.teenoutreachaz.org	623-334-1501
Southwest Human Development	www.nursefamilypartnership.org	602-373-6415
Maggie's Place	www.maggiesplace.org	602-257-4648
The Michael House	www.maggiesplace.org	623-842-1000
Counseling		
Valle de Sol (Latino counseling)		602-258-6797
Aware Counseling	www.awarecounseling.com	602-882-0533
Lynn Hoyland Counseling	www.lynnhoyland.com	480-551-2600
Ed Rooney Counseling	www.caminosalvo.com/therapist.html	
Self-Harm		
Self-Injurers (anonymous teen line)		602-252-1382
Health		
Feeding Matters	www.feedingmatters.com	
Fostering		
AZ Hope & A Future	www.azhope.com	
Christian Family Care Agency	www.cfcare.org	602-234-1935

Medical/Dental		
Immunizations – Deer Valley Community Center	3 rd Tuesday each month 2:00-5:30pm	
KidsCare	(medical care)	602-417-5437
Central AZ Shelter Services Dental Clinic for the Homeless	230 S. 12 th Ave, Phx 85007	602-256-6945
John C. Lincoln Hospital Newly Diagnosed/Ongoing Breast Cancer Support Group	19646 N. 27 th Ave, #205, Phx 85027	623-780-4673
Cowden Center at John C. Lincoln Insulin Pumpers Support Group	9202 N. 2 nd St., Phx	602-870-6060 x.1659
Look Good, Feel Better Women’s Cancer Treatment Program at John C. Lincoln Hospital	19646 N. 27 th Ave, Phx 85027	623-780-4673
Laugh for the Health of It Breast Cancer Education Program at John C. Lincoln Hospital	19841 N. 27 th Ave, Phx 85027	602-712-1006
Prostate Cancer Support Group at Banner Thunderbird Medical Center	5555 W. Thunderbird, Phx 85306	602-547-3806
Youth Build	www.youthbuild.org (community development)	617-623-9900
ADD Support Group		480-424-7200
Cancer support group		602-230-2273
Optometric Ext Program Foundation	www.oepf.org (vision therapy)	949-250-8070
Banner School Based Clinic	Issac Imes Elementary By appointment only: Mon, Wed, Thurs.	
Substance Abuse		
Partnership for a Drug Free America	www.drugfree.org	
The Anti-Drug	www.theanti-drug.org	
Just Think Twice	www.justthinktwice.com	
Draw Your Line	www.drawyourline.com	
NIDA for Teens	www.teens.drugabuse.gov	
Narcotics Anonymous	www.na.org	
Street Drugs	www.streetdrugs.org	
Parc Place (Treatment)	www.parc-place.com	
Pathway Substance Abuse Program		602-906-9771
Office of National Drug Control Policy (Treatment)	www.whitehouse.gov/ondcp	
Community Anti-Drug Coalitions of America	www.cadca.org	
SAMHSA National Clearinghouse for Alcohol & Drug Information	http://store.samhsa.org	
Addiction Resource Guide	www.addictionresourceguide.com	
Addiction Recovery Guide	www.addictionrecoveryguide.org	
Pathway Drug Abuse Program	www.thepathwayprogram.com	
Adolescent Substance Abuse Program	www.asapaz.com	
Anasazi Foundation	www.anasazi.org	
Full Circle Intervention	www.fullcircleintervention.org	
Crystal Meth Anonymous	www.crystalmeth.org	
DUI Foundation	www.duifoundation.org (prevent underage drinking)	
Not My Kid	www.notmykid.org	
Al-Anon/Alateen Support Group		602-249-1257
Crossroads	www.thecrossroadsinc.org	602-279-2585

Bullying		
BullyBuffer	www.bullybuffer.org	
Youth Crime Watch of America	www.ignitusworldwide.org	
Stop Bullying Now	www.stopbullyingnow.com	
National Youth Violence Prevention Resource Center	www.safeyouth.gov	
Bullying Online	www.bullying.co.uk	
Bullying at School Information	www.scre.ac.uk/bully	
Bullying, No Way!	www.bullyingnoway.com	
Bully B'Ware	www.bullyingbeware.com	
Courage for Youth	www.courageforyouth.com	
Stop Bullying Now!	www.educationworld.com	
Full Esteem Ahead	www.fullesteemahead.org	
No Bully	www.police.govt.nz/service/yes/nobully/	
Safe Culture Project	www.safeculture.com/theory.html	
Smart Girl	http://teenvoices.com/issue11_1/intro.html	
Bullying Stop Now!	www.stopbullyingnow.com/	
The Ophelia Project	www.opheliaproject.org	
The Empower Program	www.empowered.org	
Tolerance	www.tolerance.org/rthas/index.jsp	
National School Safety Center	www.nsscl.org	
Olweus Bullying Prevention	www.clemson.edu/olweus/	
Center for the Prevention of Hate Violence	www.preventinghate.org	
Operation Respect	www.dontlaugh.org	
Urban Youth Project	www.urbanyouth.org	
Hardy Girls Healthy Women	www.hardygirlshealthywomen.org	
Don't Feed the Bully	www.dontfeedthebully.com	
In the Know	www.intheknowzone.com/relational_aggression	
Genaustin	www.genaustin.org/public/	
Girls Empowered	www.girlsempowered.com	
Names Hurt	www.namesdohurt.com	
Wholefamily	www.wholefamily.com	
Guarding Kids	www.guardingkids.com	
Internet Safety		
Get NetWise	www.getnetwise.org	
I-Safe	www.i-safe.org	
I Keep Safe	www.ikeepsafe.org	
Cyber Tipline	www.missingkids.com	800-THE-LOST
National Runaway Switchboard	www.1800runaway.org	800-RUNAWAY
Net Safe Kids	www.nap.edu	
Wired Safety	www.wiredsafety.org	
Cyberbullying	www.cyberbullying.org www.cyberbullying.ca	
CSrIU	www.csriu.org	
Internet Superheroes	www.internetsuperheroes.org	
Safe Kids	www.safekids.org	
Stop Cyberbullying	www.stopcyberbullying.org	
Formspring	www.formspring.me	
Xanga	www.xanga.com	
Teenangels	www.teenangels.com	
Live Journal	www.livejournal.com	
Tran8	www.transl8it.com	
Webopedia	www.webopedia.com	
What Is	www.whatis.com	
Keylogger (software)	www.keylogger.com	

Eblaster (software)	www.eblaster.com	
Watchdog (software)	www.watchdogpc.com	
Spectorsoft (software)	www.spectorsoft.com	
Sprigeo (reporting)	www.sprigeo.com	
Ancomm (reporting)	www.ancomm.com	
Bully Police	www.bullypolice.org	
Arizona Attorney General	www.azag.gov www.kids.azag.gov	
Depression		
Teen Depression	www.kidshealth.org	
Depression & Bipolar Support Alliance	www.dbsalliance.org	800-826-3632
National Alliance on Mental Health	www.nami.org	800-950-6264
Mentally Ill Kids in Distress – MIKID		602-253-1240
WebMD	www.webMD.com	
Eating Disorder		
National Foundation for Depressive Illness		800-248-4344
Southwest Behavioral Health	www.sbhservices.org	602-265-8338
Shades of Hope		800-588-HOPE
National Eating Disorders Assoc.		800-931-2237
Remuda Ranch		800-445-1900
Eating Disorders Awareness & Prevention		800-931-2237
Violence		
The Rape, Abuse & Incest National Network	www.rainn.org	
The Safe Place	www.thesafeplace.org	
Men Can Stop Rape	www.mencanstoprape.org	
National Sexual Violence Resource Center	www.nsvrc.org	
Division of Violence Prevention	www.ovv.usdoj.gov	
The Arizona Coalition Against Domestic Violence	www.azcadv.org	
Empact Sexual Assault Hotling	www.lafronterarizona.com	480-736-4949
ValueOptions Crisis		602-222-9444
St. Luke's Medical Care – Crisis		800-821-4193
META Urgent Care – Westside		602-650-1212
Rape, Abuse and Incest Network	www.rainn.org	800-656-hope
Mothers Against Gangs		602-235-9823
CASA –Center for prevention of abuse/violence		602-254-6400
CASS Emergency Family Center		602-256-4303
Child Protective Services		888-767-2445
Family Advocacy Center	(medical, legal & social help for victims of violence)	602-866-0135
When Love Hurts	http://lovegoodbadugly.com	
Domestic violence support		602-534-3088
Chrysalis Crisis Shelter		602-944-4999
Childhelp USA	Crisis threatening safety www.childhelp.org	800-422-4453
Streetlights	www.streetlightphx.com (child sex slavery)	623-435-0900
Alison's Voice	www.alisonsvoice.org	(short films)
Hope for Healing	www.hopeforhealing.org	865-471-8366
Nat'l Teen Dating	www.loveisrespect.org	866-331-9474

Homeless Services or Low-Income		
St. Vincent de Paul Thrift Shops	2945 E. Bell Rd., Phx	602-493-8126
Desert Mission Food Bank	9229 N. 4 th St., Phx	602-870-6062
St. Mary's Westside Food Bank		602-272-6326
Market on the Move	www.the3000club.org 1741 W. Rose Garden #9, Phx, AZ 85027	623-374-2559
Desert Mission Food Bank	Weekend food for kids in need	
Homeward Bound	(Employed but near homelessness)	602-263-7654
Labor's Community Service	(Homeless transitional housing)	602-263-5741
Food Stamps	4150 W. Peoria, Phx	602-843-0415
Salvation Army Family Service Assistance		602-267-4122
Homebase Youth Services	Native American Connections	602-254-7777
House of Hope Sunnyslope (single mothers)	www.houseofrefuge.us 9835 N. 7 th St, Phx, AZ 85020	602-678-0223
House of Refuge (young men)	www.houseofrefuge.us 9835 N. 7 th St., Phx, AZ 85020	602-678-0223
Arizona Helping Hands	Dream kits for kids www.azhelpinghands.org 5532 N. 18 th St, Phx, AZ 85016	480-652-4434
Kitchen on the Street	Weekend food for kids in need www.kitchenonthestreet.org 21006 N. 22 nd St, C1, Phx, AZ 85024	
St. Joseph the Worker	Helping the homeless find jobs www.sjwjobs.org 1125 W. Jackson St, Phx, AZ 85007	602-417-9854
WasteNot	Rescuing perishable food www.wastenotaz.org 1700 N. Granite Reef Rd., Scottsdale, AZ 85257	480-941-1841
Shelters		
Tumbleweed Center for Youth Development	Free services for homeless, runaway, and at-risk youth ages 11-17. www.tumbleweed.org	602-841-5799
Contacs		602-263-8900
UMOM		602-275-4533
Salvation Army Family Crisis		602-267-4130
Central AZ Shelter Services		602-256-6945
Crisis Nursery	(shelter for children under 9 years old)	602-273-7363
Youth on Their Own	www.yoto.org	520-293-1136
Phoenix Rescue Mission	www.phoenixrescuemission.org 1801 S. 35 th Ave, Phx, AZ 85009	
Save the Family-Transitional houses	www.savethefamily.org 450 W. 4 th Pl., Mesa, AZ 85201	480-898-0228
Mentoring		
Big Brothers/Big Sisters		602-264-9254
Workshops for Youth & Family	www.orho.org	
Healing Hearts & Souls	www.healingheartandsouls.org	
Community		
North Valley Family Night	460 W. Happy Valley Rd., Phx 85085	480-967-1580
Phoenix Police Dept.		602-262-6151
Poison Control Center		800-222-1222
Churches		
Imago Dei Community Church	BGHS – Performing Arts Center www.imagophoenix.org 2820 W. Rose Garden Lane, Phoenix, AZ 85027	623-242-2191
Christ's Church of the Valley	www.ccvonline.com 24958 N. 67 th Ave, Peoria, AZ 85383	623-376-2444

Parenting/Family

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The Mayo Clinic	www.mayoclinic.org	
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Suicide

Suicide		
Suicide Prevention	www.psycom.net	
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Stress/Anxiety

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Stree Free Net	www.stressfree.com
Stress Management	www.futurehealth.org

Full-time Programs

Full-time Programs		
Spring Ridge Academy	www.springridgeacademy.com	
Touchstone	www.touchstonebh.org	
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Service Organizations

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The Michael House	www.maggiesplace.org	623-842-1000

Teen Pregnancy

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Counseling

Counseling		
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Aware Counseling	www.awarecounseling.com	602-882-0533
Lynn Hoyland Counseling	www.lynnhoyland.com	480-551-2600
Ed Rooney Counseling	www.caminosalvo.com/therapist.html	

Self-Harm

Self-Harm		
Self-Injurers (anonymous teen line)		602-252-1382

Medical/Dental

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Immunizations – Deer Valley Community Center	3 rd Tuesday each month 2:00-5:30pm	
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Central AZ Shelter Services Dental Clinic for the Homeless	230 S. 12 th Ave, Phx 85007	602-256-6945
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Optometric Ext Program Foundation	www.oepf.org (vision therapy)	949-250-8070
Banner School Based Clinic	Issac Imes Elementary By appointment only: Mon, Wed, Thurs.	

Substance Abuse

Substance Abuse		
Partnership for a Drug Free America	www.drugfree.org	
The Anti-Drug	www.theanti-drug.org	
Just Think Twice	www.justthinktwice.com	
Draw Your Line	www.drawyourline.com	
NIDA for Teens	www.teens.drugabuse.gov	
Narcotics Anonymous	www.na.org	
Street Drugs	www.streetdrugs.org	
Parc Place (Treatment)	www.parc-place.com	
Pathway Substance Abuse Program		602-906-9771
Office of National Drug Control Policy (Treatment)	www.whitehouse.gov/ondcp	
Community Anti-Drug Coalitions of America	www.cadca.org	
SAMHSA National Clearinghouse for Alcohol & Drug Information	http://store.samhsa.org	
Addiction Resource Guide	www.addictionresourceguide.com	
Addiction Recovery Guide	www.addictionrecoveryguide.org	
Pathway Drug Abuse Program	www.thepathwayprogram.com	
Adolescent Substance Abuse Program	www.asapaz.com	
Anasazi Foundation	www.anasazi.org	
Full Circle Intervention	www.fullcircleintervention.org	
Crystal Meth Anonymous	www.crystalmeth.org	
DUI Foundation	www.duifoundation.org (prevent underage drinking)	
Not My Kid	www.notmykid.org	
Al-Anon/Alateen Support Group		602-249-1257

Bullying

Bullying		
BullyBuffer	www.bullybuffer.org	
Youth Crime Watch of America	www.ignitusworldwide.org	
Stop Bullying Now	www.stopbullyingnow.com	
National Youth Violence Prevention Resource Center	www.safeyouth.gov	
Bullying Online	www.bullying.co.uk	
Bullying at School Information	www.scre.ac.uk/bully	
Bullying, No Way!	www.bullyingnoway.com	
Bully B'Ware	www.bullyingbeware.com	
Courage for Youth	www.courageforyouth.com	
Stop Bullying Now!	www.educationworld.com	
Full Esteem Ahead	www.fullesteemahead.org	
No Bully	www.police.govt.nz/service/yes/nobully/	
Safe Culture Project	www.safeculture.com/theory.html	
Smart Girl	http://teenvoices.com/issue11_1/intro.html	
Bullying Stop Now!	www.stopbullyingnow.com/	
The Ophelia Project	www.opheliaproject.org	
The Empower Program	www.empowered.org	
Tolerance	www.tolerance.org/rthas/index.jsp	
National School Safety Center	www.nsscl.org	
Olweus Bullying Prevention	www.clemson.edu/olweus/	
Center for the Prevention of Hate Violence	www.preventinghate.org	
Operation Respect	www.dontlaugh.org	
Urban Youth Project	www.urbanyouth.org	
Hardy Girls Healthy Women	www.hardygirlshealthywomen.org	
Don't Feed the Bully	www.dontfeedthebully.com	
In the Know	www.intheknowzone.com/relational_aggression	
Genaustin	www.genaustin.org/public/	
Girls Empowered	www.girlsempowered.com	
Names Hurt	www.namesdohurt.com	
Wholefamily	www.wholefamily.com	
Guarding Kids	www.guardingkids.com	

Internet Safety

Internet Safety		
Get NetWise	www.getnetwise.org	
I-Safe	www.i-safe.org	
I Keep Safe	www.ikeepsafe.org	
Cyber Tipline	www.missingkids.com	800-THE-LOST
National Runaway Switchboard	www.1800runaway.org	800-RUNAWAY
Net Safe Kids	www.nap.edu	
Wired Safety	www.wiredsafety.org	
Cyberbullying	www.cyberbullying.org www.cyberbullying.ca	
CSriU	www.csriu.org	
Internet Superheroes	www.internetsuperheroes.org	
Safe Kids	www.safekids.org	
Stop Cyberbullying	www.stopcyberbullying.org	
Formspring	www.formspring.me	
Xanga	www.xanga.com	
Teenangels	www.teenangels.com	
Live Journal	www.livejournal.com	
Tran8	www.transl8it.com	
Webopedia	www.webopedia.com	
What Is	www.whatis.com	
Keylogger (software)	www.keylogger.com	
Xanga	www.xanga.com	
Teenangels	www.teenangels.com	
Live Journal	www.livejournal.com	
Tran8	www.transl8it.com	
Webopedia	www.webopedia.com	
What Is	www.whatis.com	
Keylogger (software)	www.keylogger.com	
Eblaster (software)	www.eblaster.com	
Watchdog (software)	www.watchdogpc.com	
Spectorsoft (software)	www.spectorsoft.com	
Sprigeo (reporting)	www.sprigeo.com	
Ancomm (reporting)	www.ancomm.com	
Bully Police	www.bullypolice.org	
Arizona Attorney General	www.azag.gov www.kids.azag.gov	

Depression

Depression		
Teen Depression	www.kidshealth.org	
Depression & Bipolar Support Alliance	www.dbsalliance.org	800-826-3632
National Alliance on Mental Health	www.nami.org	800-950-6264
Mentally Ill Kids in Distress – MIKID		602-253-1240
WebMD	www.webMD.com	

Eating Disorders

Eating Disorder		
National Foundation for Depressive Illness		800-248-4344
Southwest Behavioral Health	www.sbhservices.org	602-265-8338
Shades of Hope		800-588-HOPE
National Eating Disorders Assoc.		800-931-2237
Remuda Ranch		800-445-1900
Eating Disorders Awareness & Prevention		800-931-2237

Violence

Violence		
The Rape, Abuse & Incest National Network	www.rainn.org	
The Safe Place	www.thesafeplace.org	
Men Can Stop Rape	www.mencanstoprape.org	
National Sexual Violence Resource Center	www.nsvrc.org	
Division of Violence Prevention	www.ovw.usdoj.gov	
The Arizona Coalition Against Domestic Violence	www.azcadv.org	
Empact Sexual Assault Hotling	www.lafronterarizona.com	480-736-4949
ValueOptions Crisis		602-222-9444
St. Luke's Medical Care – Crisis		800-821-4193
META Urgent Care – Westside		602-650-1212
Rape, Abuse and Incest Network	www.rainn.org	800-656-hope
Mothers Against Gangs		602-235-9823
CASA –Center for prevention of abuse/violence		602-254-6400
CASS Emergency Family Center		602-256-4303
Child Protective Services		888-767-2445
Family Advocacy Center	(medical, legal & social help for victims of violence)	602-866-0135
When Love Hurts	http://lovegoodbadugly.com	
Domestic violence support		602-534-3088
Chrysalis Crisis Shelter		602-944-4999
Childhelp USA	Crisis threatening safety www.childhelp.org	800-422-4453
Streetlights	www.streetlightphx.com (child sex slavery)	623-435-0900
Alison's Voice	www.alisonsvoice.org	(short films)
Hope for Healing	www.hopeforhealing.org	865-471-8366
Nat'l Teen Dating	www.loveisrespect.org	866-331-9474
Rachel's Challenge	www.rachelschallenge.org	

Homeless Services/Low-Income

Homeless Services or Low-Income		
St. Vincent de Paul Thrift Shops	2945 E. Bell Rd., Phx	602-493-8126
Desert Mission Food Bank	9229 N. 4 th St., Phx	602-870-6062
St. Mary's Westside Food Bank		602-272-6326
Homeward Bound	(Employed but near homelessness)	602-263-7654
Labor's Community Service	(Homeless transitional housing)	602-263-5741
Food Stamps	4150 W. Peoria, Phx	602-843-0415
Salvation Army Family Service Assistance		602-267-4122
Homebase Youth Services	Native American Connections	602-254-7777
House of Hope Sunnyslope (single mothers)	www.houseofrefuge.us 9835 N. 7 th St, Phx, AZ 85020	602-678-0223
House of Refuge (young men)	www.houseofrefuge.us 9835 N. 7 th St., Phx, AZ 85020	602-678-0223
Shelters		
Tumbleweed Center for Youth Development	Free services for homeless, runaway, and at-risk youth ages 11-17. www.tumbleweed.org	602-841-5799
Contacs		602-263-8900
UMOM		602-275-4533
Salvation Army Family Crisis		602-267-4130
Central AZ Shelter Services		602-256-6945
Crisis Nursery	(shelter for children under 9 years old)	602-273-7363
Youth on Their Own	www.yoto.org	520-293-1136

Mentoring

Mentoring		
Big Brothers/Big Sisters		602-264-9254
Workshops for Youth & Family	www.orho.org	

