




# K-8 IMPORTANT SCHOOL BREAKFAST AND LUNCH PROGRAM INFORMATION





## GENERAL PROGRAM DESCRIPTION


Deer Valley Unified School District Food & Nutrition participates in the School Breakfast Program and the National School Lunch Program. We are committed to offering nutritious meals at affordable prices. Our cafeterias serving K-8 offer four to five different entrée options daily, one of which is always vegetarian. School lunches offer five meal components daily (fruit, vegetable, grain, protein, and milk). Although students are encouraged to take all five, they need to choose at least three of the five components, one of which needs to be a fruit or vegetable.

## BUYING SNACKS IN THE CAFETERIA





 All snack items and beverages sold in the cafeteria are required to meet national Smart Snack Standards.

 Parents may contact their student's cafeteria manager any time to place restrictions on a student's ability to purchase snacks.





 Restrictions can be made in several different ways including: setting daily spending limits, allowing snacks on certain days only, or totally blocking all snack sales.

 A list of snacks available for purchase may be found on our website at [www.DVUSD.org/nutrition](http://www.DVUSD.org/nutrition)


## Federal nutrition standards require school meals meet specific standards. Nutritious school meals include:


-  A wide variety of fruits and vegetables
-  Whole grain rich foods (majority of grains are 50% or more whole grain)
-  Fat-free or 1% milk
-  Foods free from trans fats and low in sodium, total fat, and saturated fat.


## DID YOU KNOW....


-  Students who purchase lunch may supplement their meal with a variety of fresh fruits and vegetables from our produce bar.
-  We use local farm-raised ingredients such as fresh milk and produce when possible.
-  We always offer at least one vegetarian entrée everyday. Vegetarian entrées are denoted by a carrot symbol on the menu.
-  Menu options containing pork are denoted by a pig symbol on the menu.

## FREE AND REDUCED PRICE MEAL HOUSEHOLD APPLICATIONS

 Free and reduced-price meal applications are distributed to students in the first week of school and can also be found online at [www.EZMealApp.com](http://www.EZMealApp.com) or [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance).

 Students who participated in the meal assistance program last year are eligible for the same benefits the **first 30 days** of the new school year.

 All students must submit a new application no later than **September 18, 2019** to continue receiving benefits, if eligible. If a new and complete application is not received by September 18, 2019, students will pay the **full meal price starting September 19, 2019**.

 Find more information on your August school lunch menu, at [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance), or by contacting our office at (623) 445-5166.

Applications must be filled out EVERY year to continue to receive benefits.

## POLICY ON UNPAID MEAL CHARGES

The Food & Nutrition Department understands that sometimes a student's lunch account will run low or even go into the negative. To ensure that all students are treated equally as well as to ensure that we are fiscally responsible with our limited resources, we want to make our meal charge policy known to all parents.

### Grades Pre-K Thru 8



It is the policy of DVUSD to provide a complete meal to all students. In the event a student's account has no funds to pay for the meal the account will be charged, resulting in a negative balance. Parents/guardians shall be contacted for payment through phone calls, emails and written notification.

### Grades 9 - 12



Should a student in grades 9 – 12 have insufficient funds to pay for a meal, up to one negative meal charge is allowed. Once a student has reached the limit of meal charge, they will be provided with an alternative meal, for which the student's account will be charged.



Negative meal charges will not be allowed during the last ten days of the school year.

### All Grade Levels



À la carte purchases are not permitted when the account has a negative balance.



Negative balances carry with your student from year to year, and school to school, until balance is received.

When a negative account balance exceeds the dollar amount equivalent to ten lunches:



The principal, counselor and/or designated staff member from the Food & Nutrition Department will contact the student's parent(s)/guardian(s) to determine an appropriate resolution.



The student's parent(s)/guardian(s) will be provided application materials for the free and reduced-price meal programs.



### AN IMPORTANT REMINDER...

It is the parent's responsibility to monitor the student's account balance. At any time, parents can set up low balance reminders and view spending at no cost using EZSchoolPay.com. EZSchool Pay is a secure, convenient and friendly way to manage and view your child's school meals via the internet.

*This institution is an equal opportunity provider.*

## PAYMENT OPTIONS

When a student is enrolled in school they are given an ID number from the school's front office that they will keep throughout their time at DVUSD. If you do not know your students ID number, please contact your school's cafeteria. All students will key in their ID number on a pin pad when they go through the breakfast and/or lunch line.

Parents can add money to a student's account in three different ways:



**Cash:** Students may buy meals with cash or credit their account with cash in the cafeteria.



**Check:** Students may bring a check with their student ID number and current phone number to the cafeteria to be added to their account.



**Online:** Payments can be made at [www.EZSchoolPay.com](http://www.EZSchoolPay.com) using Visa, MasterCard, or Discover card for a small transaction fee. Parents can also use EZSchoolPay to view student spending and set up low balance reminders **at no cost.**



### Meals on PLC Days

Breakfast and lunch will be served on all PLC days (90 minute early release Fridays) in the same format as regular school days.



We will offer nutritionally balanced hot meals consisting of entrée, fruit, vegetable and milk.



Some lunch times may be a little earlier to accommodate the shortened day.



### MORE INFORMATION

For more information on our school lunch & breakfast program, please refer to the Food & Nutrition website by going to [www.dvUSD.org/nutrition](http://www.dvUSD.org/nutrition).

You may also contact your school cafeteria manager directly. Contact information may be found on the DVUSD Nutrition website landing page.