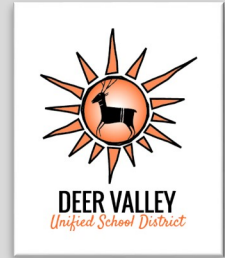


EMPLOYEE WELLNESS PROGRAM BENEFITS



(Workplace Wellness Programs benefit employees AND employers.)

Reduce Health Care Costs

Direct Health Care Costs



Medical Costs



Pharmaceutical Costs

Indirect Health Care Costs



Absenteeism



Short & Long Term Disability



Presenteeism—lack of productivity



Worker's Compensation

- ⇒ Indirect health care costs are 2 to 3 times more expensive than direct health care costs.
- ⇒ Health care costs decrease with fewer health risks.

Promote Happier, Healthier Employees

Improved employee health and well-being:

- ⇒ Increases productivity
- ⇒ Increases satisfaction (sense of value)
- ⇒ Increases retention
- ⇒ Increases workplace image
- ⇒ Decreases presenteeism
- ⇒ Decreases absenteeism



Attract NEW Employees



For every \$1 invested in employee wellness... a company can



save \$3 to \$5.

