



# Heating Instructions



- A) If item has heating instructions on packaging, follow the manufactures recommended heating instructions on the package.
- B) If item does not have heating instructions on the packaging, follow these instructions to safely heat:

**\*\*Please note:** Since the type of products vary, and all microwaves and ovens vary in power, cooking times are approximate and may need to be adjusted.

## MICROWAVE, FROM FOZEN:

1. Open one end of item's wrapper (but do not remove items from wrapper).
2. Microwave on HIGH for 90 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F is reached.
4. If the product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 30-second intervals until minimum internal temperature of 165°F is reached.
5. Remove item for microwave, remove from wrapper, and let sit for one minute before consuming.
6. Consume within 2 hours.

**\*CAUTION:** Product will be hot. Consume with caution.

## MICROWAVE, FROM THAWED:

1. Open one end of item's wrapper (but do not remove items from wrapper).
2. Microwave on number HIGH for 45 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F is reached.
4. If product has not reached internal temperature of at least 165°F, continue to reheat on high in 15-20 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave, remove from wrapper, and let sit for one minute before consuming.
6. Consume within 2 hours.

**\*CAUTION:** Product will be hot. Consume with caution.

## OVEN, FROM FROZEN:

1. Leave product inside wrapper with wrapper unopened.
2. Heat oven to 325°F.
3. Place product on baking sheet, and cook in oven for 20-25 minutes.
4. Product is ready to consume when an internal temperature of 165°F is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven. checking every 5-10 minutes until minimum internal temperature of 165° is reached.
6. Remove item for oven, remove from wrapper, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

**\*CAUTION:** Product will be hot. Consume with caution.

## OVEN, FROM THAWED:

1. Leave product inside the wrapper with wrapper unopened.
2. Heat oven to 325°F.
3. Place product on baking sheet, and cook in the oven for 20-25 minutes.
4. Product is ready to consume when an internal temperature of at least 165°F is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
6. Remove item from oven, remove from wrapper, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

**\*CAUTION:** Product will be hot. Consume with caution.