



# All Things E.Q.

## The Discovery of You

Hello, Families of Norterra Canyon,

We are excited to share All Things E.Q. with you!

All Things E.Q. helps our entire school community, teachers, students, and parents create a shared vocabulary and a positive school culture.

As you know, Norterra Canyon works hard to develop your child's I.Q. (Intellectual Quotient) by providing a strong academic experience, but we also work hard to develop their E.Q. (Emotional Quotient) because we care deeply about their social-emotional learning as well.

We partner with All Things E.Q. because they provide Social Emotional Learning Insights that align with the International Baccalaureate (I.B.) Learner Profiles and help our students show up, ready to make the most of their learning opportunities. Social-emotional learning and communications skills better prepare our students for college, career readiness, and life.

A student's emotional intelligence, such as self-awareness, self-motivation, communication skills, and grit, to name a few, are vital factors in their future successes and become important habits our students take with them into the world. To create positive habits for our students, we provide our parent community with updates to ensure you get the same information, at the same time, as your child. For instance, we will begin the year with the first motto:

***My day depends on me.***

Knowing what the motto is each week creates that shared vocabulary between home and school and helps to create a supportive, safe environment for everyone. To receive the brief parent updates each week, you can email [info@allthingseq.com](mailto:info@allthingseq.com). Simply let us know your child attends Norterra Canyon, and we will be sure to send you the free weekly parent updates.

We look forward to a wonderful school year!

Sincerely,

*Danna Evans*  
All Things E.Q.